

Anti-Bullying Policy

Language in Action (LiA) is committed to providing a caring, friendly and safe environment for all of our students. Bullying of any kind is unacceptable at our centres.

What is bullying?

Bullying is a persistent, deliberate attempt to hurt or humiliate someone. It is deliberately hurtful, repeated over time, and it is hard for those being bullied to defend themselves.

Types of bullying

Type	What it looks like
Physical	Pushing, kicking, hitting, punching or any use of violence
Verbal	Name-calling, sarcasm, spreading rumours, teasing
Emotional	Being unfriendly, excluding, tormenting (e.g. hiding belongings, threatening gestures)
Racist	Racial taunts, graffiti, gestures
Sexual	Unwanted physical contact or sexually abusive comments
Homophobic	Focusing on the issue of sexuality
Cyber	Misuse of internet, email, social media, mobile threats by text or calls, misuse of camera and video

What to do if you feel you are being bullied

If you feel you are being bullied, or someone you know is being bullied, please contact any member of our staff:

- Your teacher
- The centre manager
- The Welfare Officer

We are here to help you, and you will be supported if you report bullying.

You can bring a friend with you for support when you talk to us about what happened.

Bullying will not be tolerated.